# The Australian Government's Review of Positron Emission Tomography: evidence-based policy-making in action

Robert E Ware, Hilton W Francis and Kenneth E Read

EVIDENCE-BASED MEDICINE (EBM) is the current mantra in Australian healthcare. It also engages health policy deliberations, as the federal government has expressed its commitment to EBM's essential values in making healthcare decisions. In 1998, in launching the Medicare Services Advisory Committee, the then Federal Minister for Health said:

... the introduction of evidence-based medicine and the committee means that the gap between research knowledge and clinical practice will narrow, and patients will benefit earlier from the most advanced procedures drawing on the best scientific and medical evidence.<sup>1</sup>

The Medicare Services Advisory Committee (now the Medical Services Advisory Committee), or MSAC, is the main national body responsible for assessing medical technology in Australia. Its role is to assess the safety, effectiveness and cost-effectiveness of new medical technologies and advise the government regarding their public funding. MSAC's terms of reference and standard evaluation cycle are outlined in Box 1 and Box 2. It is portrayed as an independent, multidisciplinary scientific committee providing advice to the Minister, but at arm's length from the political issues of policy implementation such as setting fees. MSAC has publicly signalled that its decisions will be underpinned by an evidence-based approach, based on rigorous, systematic reviews of the literature. 4-6

In 1999, MSAC received applications from Wesley Hospital, in Brisbane, and the Peter MacCallum Cancer Institute, in Melbourne, seeking extension of Medicare funding for the use of positron emission tomography (PET). Until then, PET had had localised and limited public-funding arrangements at two quaternary-care centres in Sydney and Melbourne. Here we outline some aspects of the Commonwealth Review of Positron Emission Tomography (PETReview), which arose from these applications.

We believe that the PETReview process was flawed and that the report contains material errors of fact and evidence synthesis. Our analysis of the process calls into question the government's commitment to the principles of EBM and the use of these principles in the generation of healthcare policy, including the deliberations of MSAC.

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#### **ABSTRACT**

- The Commonwealth Government constituted the Medicare Services Advisory Committee (MSAC) to implement its commitment to entrench the principles of evidence-based medicine in Australian clinical practice.
- With its recent review of positron emission tomography (PETReview), the Commonwealth intervened in an established MSAC process, and sanctioned the stated objective to restrict expenditure on the technology.
- In our opinion:
  - The evaluation of evidence by PETReview was fundamentally compromised by a failure to meet the terms of reference, poor science, poor process and unique decision-making benchmarks.
  - ➤ By accepting the recommendations of PETReview, the Commonwealth is propagating information which is not of the highest quality.
  - ➤ The use of inferior-quality information for decision-making by doctors, patients and policy-makers is likely to harm rather than enhance healthcare outcomes.

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Much of the evidence substantiating our claims was obtained under the *Freedom of Information Act 1982* (Cwlth).

#### The process: a change in procedure

An MSAC Executive teleconference initiated standard procedure to evaluate the first application from Wesley Hospital.<sup>8</sup> But 9 days later, at a full committee meeting which the Health Minister attended as a visitor, MSAC changed direction. It was noted in the minutes that "the scope of indications for the diagnostic procedure are enormous" and "the economic issues surrounding PET are significant". After discussion, the committee:

...agreed that the role of PET in the Australian health system needs to be clarified, and appropriate funding models considered, so that the application can be assessed in the broader context. <sup>9</sup>

MSAC's chair subsequently wrote to the Minister seeking advice, indicating:

I am aware that you have some views on the issue. Given the implications PET has for the effective use of the health dollar from both a Commonwealth and a State/Territory perspective, I would appreciate your advice on this issue, which centres around appropriate management of the technology. <sup>10</sup>

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## 1: Medical Services Advisory Committee terms of reference<sup>2</sup>

MSAC's terms of reference are to:

- advise the Minister for Health and Ageing on the strength of evidence pertaining to new and emerging medical technologies and procedures in relation to their safety, effectiveness and costeffectiveness and under what circumstances public funding should be supported;
- advise the Minister on which new medical technologies and procedures should be funded on an interim basis to allow collection of data to determine their safety, effectiveness and cost-effectiveness;
- advise the Minister on references related either to new or existing medical technologies and procedures; and
- undertake health technology assessment work referred by the Australian Health Ministers' Advisory Council (AHMAC), and report its findings to AHMAC.

# 2: The Medical Services Advisory Committee (MSAC) assessment process<sup>3</sup>

#### 1. Eligibility assessment

#### 2. Assessment

MSAC reviews are undertaken by supporting committees. Supporting committees are chaired by a member of MSAC and comprise people with relevant expertise nominated by medical colleges, and others with expertise in economics, epidemiology or consumer issues as required. Draft assessment reports are developed by the contractors, but the supporting committees are responsible for the issues covered and formulating draft recommendations for MSAC.

#### 3. Advice to the Minister

Based on the draft assessment reports and recommendations, MSAC formulates its advice and recommendations to the Minister. These recommendations generally fall into one of three categories:

- that funding should be supported;
- that funding should not be supported; or
- that funding should be provided on an interim basis to enable further data collection.
- 4. Decision
- 5. Implementation

In response to this request for advice, the Minister instructed the Australian Department of Health and Aged Care (now the Department of Health and Ageing [DoHA]) to set up the Review of Positron Emission Tomography, and asked MSAC to "contribute to the review by undertaking an assessment of the technology and its cost effectiveness". During this time, the second application for extension of Medicare funding, from the Peter MacCallum Institute, was lodged, but both applications were deemed to have been subsumed by the PETReview process and were never formally assessed by MSAC or PETReview.

DoHA established a new committee (the Steering Committee), which had jurisdiction over broader policy issues and was charged with preparation of PETReview's final report and formulation of recommendations to the Minister. The Steering Committee was chaired by MSAC's deputy chair. Meanwhile, MSAC convened its Supporting Com-

mittee in standard fashion, with MSAC members, MSAC's permanent medical adviser and co-opted clinical experts. MSAC nominated the NHMRC Clinical Trials Centre (CTC)<sup>12</sup> as Contracted Evaluator. Its role was to identify the evidence, classify it according to the National Health and Medical Research Council (NHMRC) evidence taxonomy, and comment on the quality of the evidence (Box 2). The respective roles of the Steering Committee and Supporting Committee were clarified at the first Steering Committee meeting.<sup>13</sup> MSAC prepared its own assessment report for the Minister, and this was bundled with the PETReview report.

Despite claims that the MSAC process is "open and transparent",<sup>5</sup> all the committee meetings were conducted in camera, and the minutes published on the DoHA website are an incomplete summary of the full minutes obtained under the Freedom of Information Act.

Box 3 contrasts the usual flow of information in MSAC assessments with PETReview's information flow. The extent to which this review departed from MSAC's usual protocol was subsequently clarified by MSAC's chair:

While most overseas agencies set priorities for HTAs [health technology assessments], the agenda of MSAC has been determined by the flow of applications.

. . .

Because positron emission tomography (PET) has the potential to become a major expense for the Federal Government, MSAC recommended that the Minister establish a special committee (independent of the MSAC process, but with an MSAC member for coordination) to report on the need for this technology in Australia and its funding.<sup>4</sup>

Box 4 shows PETReview's terms of reference and major findings. <sup>14</sup> The primary finding, as identified by DoHA, was the conclusion that:

There is insufficient evidence at this time from which to draw definitive conclusions about the clinical and cost effectiveness of FDG [fluorodeoxyglucose] PET.<sup>15</sup>

We present some evidence to show why, in our opinion, this finding is not the highest-quality information available, was not produced through a rigorous, systematic review of the available literature, and is not a valid input for evidence-based decision-making.

#### **Critique of the PETReview process**

Box 5 illustrates how, in our opinion, several elements of the PETReview process, such as multiple committees and time limitations, jeopardised the quality of the outcome.

We believe that the conclusion that there is insufficient evidence is invalid, because a large proportion of the evidence was not considered. This flaw is demonstrated by PETReview's statement that "the indications reviewed account for about 40% of the clinical PET procedures conducted" (p. 27),<sup>14</sup> and was compounded by the failure to consider all the evidence available for the indications reviewed.

We believe a second, crucial procedural flaw arose because of the distortion of information which occurred during

#### 3: Information flow in standard Medical Services Advisory Committee (MSAC) assessments, and in PETReview A: Standard MSAC assessments Minister Decision Contracted Health Patients **Evaluators** Supporting Assessment MSAC Committee Report Application **B: PETReview** Minister PETReview Report Decision 12 3 Steering Contracted Health **Patients Evaluators** Commitee 6 Assessment Supporting **MSAC** Committee Report Application Numbers indicate the order in which information travels to the various participants.

transfer between the multiple committees. This introduced negative bias about the strength of the evidence for the effectiveness of PET. For example, despite acknowledging that a "key component of this review process was an assessment of PET conducted by a supporting committee of MSAC" (p. xiii), <sup>14</sup> the pivotal finding of the Supporting (scientific) Committee that PET was "clinically effective" was altered by the Steering (policy) Committee to the finding that PET was "potentially clinically effective". <sup>21</sup> This change appears to have occurred without any documented authorisation by the Supporting Committee (the only committee which undertook detailed evaluation of evidence) or MSAC (which had ultimate responsibility for making decisions about the evidence).

#### Critique of the science of PETReview

In our opinion, PETReview departed from quality scientific method in several ways. These included misrepresentation

# 4: Terms of reference for PETReview and summary of major findings\*14

#### Terms of reference

#### Major findings

- 1 To assess the costeffectiveness, clinical effectiveness and safety of positron emission tomography (PET), especially in relation to other diagnostic modalities.
- There is insufficient evidence from which to draw definitive conclusions about the clinical effectiveness and costeffectiveness of fluorodeoxyglucose (FDG) PET.
- FDG PET is safe.
- Further evaluation of the technology is necessary.
- 2 To report on and assess the state of PET technology, recommending preferred technical specifications and approaches where appropriate.
- At this time, funding for FDG PET should be limited to services performed on dedicated PET full-ring scanners.
- **3** To clarify the role of PET in Australian clinical practice, including:
- The evidence suggests that FDG PET is safe, potentially clinically effective and potentially costeffective in the indications reviewed.
- 3.1 determining which indications/applications should be eligible for funding; and
- Unrestricted funding through the Medicare Benefits Schedule not warranted.
- 3.2 where funding is appropriate, determining suitable funding models.
- It is recommended that FDG PET be funded on an interim basis in the indications reviewed.
- 4 To develop a national strategy aimed at ensuring appropriate distribution of and access to PET services.
- Funding should be restricted to 7 centres: 2 in New South Wales and Victoria, 1 in South Australia, Queensland and Western Australia. The recommendation was based primarily on state population.
- 5 To develop a data collection and analysis plan to enable the ongoing evaluation of PET.
- Recommended collection of data from funded centres relating to FDG PET's clinical and/or costeffectiveness and the provision of that data to a central coordinating body on a quarterly basis.

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\* Indications reviewed were evaluation of solitary pulmonary nodules, primary staging of non-small-cell lung cancer, evaluation of potentially resectable metastatic melanoma/recurrent colorectal carcinoma, evaluation of residual/recurrent mass in patients with malignant glioma/colorectal carcinoma, primary staging of malignant glioma, and assessment of medically refractory epilepsy/myocardial viability in patients being considered for surgery.

of raw data and authors' conclusions, inadequate response to critical comment, and refusal to retract acknowledged errors. Specific examples are detailed in Box 6.

The use of the report of the International Network of Agencies for Health Technology Assessment (INAHTA)<sup>22</sup> by PETReview illustrates how we believe the advice of the Supporting Committee was overlooked. Published in 1999, this multinational report sought to document the global use of PET and to synthesise several PET technology assessments. However, several members of the Supporting Committee expressed reservations about the quality of this report.<sup>17</sup> Some of the perceived problems were that the

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### 5: Quality limitations of PETReview resulting directly from the process adopted

#### Limited resources prejudiced the scope and quality of PETReview

Medical Services Advisory Committee (MSAC) assessments are not time-limited, but PETReview had a 6-month time frame. More than 2 months was used in constituting committees. When work began, it was clear that insufficient time and resources had been allocated to meet the terms of reference. It was later admitted that:

Given the time frame of the broader review, it was not possible for MSAC to thoroughly review the evidence for PET in all the clinical scenarios in which it is used.  $^{\rm 16}$ 

Supporting Committee minutes indicate quality was impaired because of resource constraints:

One of the difficulties that the CTC [NHMRC Clinical Trials Centre] had in addressing concerns raised by the committee was that different areas of the report had been done by different people and that they had had limited time.

. .

CTC did not have a copy of the minutes; so they were working based on various discussions they had with people after the meeting and, for example, [the involved individual] was making amendments based on second hand notes.<sup>17</sup>

#### Limited resources precluded adequate peer review of PETReview

Although it was planned that they should do so, the Supporting Committee and the 49 stakeholders who made submissions <sup>14</sup> did not view (and thus were not able to comment on) the final report of MSAC and PETReview until after the Minister had accepted the recommendations.

#### Poor organisation prejudiced the integrity of PETReview

MSAC usually has at most two committees working on assessments, but four committees (supporting, steering, technical, MSAC) contributed to PETReview, and these committees apparently did not communicate adequately, even though some members belonged to more than one committee. There is no record of direct contact taking place, or minutes being exchanged.

### Non-standard operating guidelines prejudiced PETReview decision-making

Standard MSAC Supporting Committee procedures require all dissent from draft report findings to be explicitly documented. This requirement was omitted from guidelines given to PETReview Supporting Committee participants, and it appears that their concerns (documented in minutes of the meetings<sup>17-19</sup>) were not communicated to MSAC.

#### The report of the contracted evaluators was given undue influence

MSAC standard evaluation guidelines stipulate that co-opted clinical experts must decide the clinical relevance of evidence gathered and summarised by the contracted evaluators. The contracted evaluators for PETReview were given much greater authority for PETReview by the chair when addressing the Steering Committee: "...findings of the CTC evaluation were key to the outcome of the review". While several of the clinicians on the Supporting Committee raised concerns about some aspects of the CTC report, "the Chair reminded the committee that the CTC report was a report on the evidence, and that it was the supporting committee's role to make recommendations to MSAC based on that evidence". 17

report included data for inferior forms of positron imaging, and that the method followed by INAHTA could not be classified as rigorous evidence-based medicine. A meeting of the Supporting Committee specifically noted that there were too many inaccuracies and the "Committee agreed not to include the INAHTA report in the CTC's

final report". <sup>17</sup> Despite this decision, the final reports of PETReview and MSAC make more than 30 references to the INAHTA report, including the statement "MSAC's findings are largely consistent with the conclusions of existing reviews conducted by INAHTA" (p. xiii). <sup>14</sup>

Concerns about the use of the INAHTA evidence synthesis have been repeatedly brought to the attention of MSAC following the completion of the review, <sup>32,34</sup> to little avail.

# Critique of PETReview's benchmark for evaluating diagnostic tests

#### Diagnostic accuracy of PET

The Executive Summary of MSAC's final PET Assessment Report states:

PET has improved diagnostic accuracy over conventional imaging in a number of indications. It has been shown to increase the detection of mediastinal and distant metastases not detected by conventional imaging in the staging of NSCLC [non-small-cell lung cancer]. It also has increased sensitivity in detecting metastatic disease in patients with melanoma or CRC [colorectal carcinoma] who are being considered for surgical resection.

. . .

There are documented examples where the results of PET have led to changes in patient management. An example is the avoidance of surgery in cancer patients with disseminated metastatic disease. If it is assumed that changes in management result in improvements in health outcomes, then it is reasonable to infer that improvements in diagnostic accuracy will lead to improved health outcomes. It is, however, not always clear how changed management will impact on clinical outcomes. It should be noted that the assumed relationship between diagnostic accuracy and health outcomes is not restricted to PET; the same assumptions will apply to most modern diagnostic technologies, because there is seldom information about their effects on health outcomes (pp. viii–ix).

This summary demonstrates why the Supporting Committee's authorised draft report concluded that PET is clinically effective in the indications reviewed, 35 a view supported by invited external submissions to the review. The minutes of an MSAC meeting during PETReview's evidence assessment include discussion about the benchmark to be used when evaluating diagnostic tests. MSAC's medical adviser provided perspective when he stated that:

... the evidence of PET's impact on clinical decision making and health outcomes is a key issue on which the advice of MSAC members is needed. There is no level 1 evidence on this aspect, but nor has there been for other diagnostic modalities, where MSAC has accepted the evidence supporting diagnostic accuracy and effect on decision making.<sup>36</sup>

It was noted that "the evidence for PET's diagnostic accuracy is more robust than for CT/MRI so it becomes a matter of where the benchmark is set". 36

#### 6: Flaws in PETReview's scientific process

#### Inclusion of evidence of limited quality

As an example, inclusion of the International Network of Agencies for Health Technology Assessment (INAHTA) report<sup>22</sup> (see text *page 629*).

#### Omission of high level evidence

A meta-analysis by Dwamena et al,<sup>23</sup> published at the same time as the INAHTA report, found that positron emission tomography (PET) had significantly greater diagnostic accuracy than computed tomography for mediastinal staging of non-small-cell lung cancer, but this study was not considered by PETReview.

#### Misinterpretation of data and authors' conclusions

The PETReview report makes three comments about an article by Flamen et  $al^{24}$  relating to the use of PET in colorectal cancer, including confirmation that the evidence quality was good.

A comment by the Medicare Advisory Services Committee (MSAC) that "Discordance occurred in only 16% of locoregional recurrences and 10% of investigations elsewhere" accurately reflects the data, but omits the more clinically relevant perspective that these discordances resulted in PET providing significant incremental diagnostic value in 20% to 60% of patients, depending upon the clinical indication.

The report's comment that "Flamen et al also made the important point that, in almost all of the patients for whom PET was superior to other methods, conventional diagnostic methods had given equivocal results rather than negative or positive results" (p. 54)<sup>6</sup> is not accurate. Flamen has confirmed that no such emphasis or similar statement can be found in his article, <sup>25</sup> primarily because the published data could not support such a conclusion. Only 5 of 21 patients in whom PET improved diagnosis were part of the subgroup with equivocal findings.

Negative bias is reinforced because the article's conclusion is omitted from the report: "Whole-body FDG-PET can have a clear impact on the therapeutic management in the follow-up of patients with colorectal cancer".

Kalff expressed concerns to MSAC that PETReview had misrepresented his data. <sup>26</sup> A representative of the CTC acknowledged:

An additional comment in this section on the value of demonstrating metastatic disease from your paper would have been appropriate, and we accept that this is an omission, but not one which alters the final recommendations of the report.<sup>27</sup>

Kalff's prospective series of 105 lung cancer patients showed management changes in 67%, almost all validated as appropriate, providing good evidence of the ability of PET to improve patient outcomes in this context. PETReview states:

Furthermore, the Wesley Hospital submission, which demonstrated cost savings in an Australian setting for NSCLC [non-small-cell lung cancer] based on the Gambhir et al (1996) model, is likely to be inaccurate (p. 81).

MSAC's decisions about Australian cost-effectiveness data are critically dependent on its assessment that Gambhir's data<sup>28</sup> are of lower quality and resulted in a different conclusion to a subsequent article by Scott et al.<sup>29</sup> Gambhir, who co-authored both articles, has indicated that MSAC's representation of these articles contained significant errors of fact.<sup>30</sup>

#### Inadequate response to critical comment

Several PETReview participants noted errors of fact and interpretation during the Supporting Committee evidence evaluation, <sup>18,19</sup> but corrections were incomplete.

Several correspondents, including a Supporting Committee member, 31-33 argued that PETReview and MSAC's final reports contained many errors of fact and interpretation, and that the report was unfairly biased. These critiques have not been fully addressed by MSAC, a failure justified by a representative of the Department of Health and Ageing as "given MSAC's already considerable workload, the volume and complexity of your correspondence militated against its being tabled in its entirety". 15

No revision of MSAC's or PETReview's report has been made in response to critical comment about the evaluation of evidence.

#### Where was the benchmark set?

When MSAC deliberated on the final PET assessment report (May 2000), the committee's medical adviser reminded members of the existing benchmarks when he recalled:

... at the previous MSAC meeting... it was agreed that evidence of diagnostic accuracy and of clinical utility was sufficient in principle for diagnostic tests, provided that there is evidence of effective treatment for the condition being tested for.<sup>37</sup>

MSAC's medical adviser also cautioned that "To obtain evidence of a direct impact on health outcomes would require very large randomised trials, which are probably not feasible". 37

However, MSAC's conclusion in the report, which it endorsed at that meeting, that "there is insufficient evidence on... clinical and cost effectiveness to warrant unrestricted Medicare Benefits Schedule funding" (p. ix), 6 meant, in our opinion, that a new benchmark for the level of evidence required had effectively been set. It is relevant that the benchmark was reset with a clear appreciation that

... funding issues are the prerogative of the Commonwealth Review Steering Committee but that the objective was to retain funding at the current level.<sup>37</sup>

In our opinion, these new standards were not implemented through due process "easy for stakeholders to access and to understand". Indeed, it appears that even MSAC's own medical adviser was unsure of what standards were to be applied.

### Reluctance to accept the validity of critical comment

We have made our concerns about PETReview clear to representatives of MSAC and DoHA, and the Minister, providing them with our evidence. We asserted that the report required substantial revision, because the major findings would affect the care of individual patients, irrespective of the level of public funding support provided for the technology.

In our opinion, replies<sup>15,38</sup> indicate that MSAC has not properly evaluated evidence and argument from us and from others,<sup>26,31,32</sup> and, although errors of fact<sup>39</sup> and omission<sup>27</sup> have been acknowledged, no remediation has followed.

There appears to be little recourse for people who wish to see the public record in regard to PET put right. PETReview and MSAC were established by executive action and are not amenable to examination by the Commonwealth Ombudsman. 40 The fact that MSAC has undertaken a review of the evidence means that other key members of the EBM establishment are reluctant to undertake further reviews. 41 Individual committee members can provide little information about the decision-making process, as they are bound by permanent confidentiality agreements. 15

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#### **Conclusion**

A recent dictum of EBM is that "evidence doesn't make decisions, people do". <sup>42</sup> No government has resources to fund all healthcare interventions that meet arbitrary benchmarks for clinical effectiveness and cost-effectiveness. Sensibly, the structures of MSAC and PETReview allowed the government to decide against implementing recommendations without qualification.

However, we believe that the government has inappropriately chosen to represent its decisions as a logical consequence of independent scientific advice, and has harnessed the power of EBM to suppress dissent. The process by which many Australians have been denied access to PET falls far short of the promise made at MSAC's launch that:

... the gap between research knowledge and clinical practice will narrow, and patients will benefit earlier from the most advanced procedures drawing on the best scientific and medical evidence.<sup>1</sup>

We believe this situation can only be remedied by a review of MSAC's final assessment report on PET, with procedures to ensure that MSAC's process and resources are sufficient to meet its stated quality objectives. Steps are also required to ensure that the independence of MSAC is guaranteed by legislation, so that the committee can pursue its important task without political intervention.

#### **Acknowledgement**

We thank Dr Rodney Hicks and Dr Victor Kalff for editorial assistance and encouragement.

#### **Competing interests**

RE Ware acknowledges that increased use of PET may result in personal financial gain. The author owns a PET camera, and has shares in a private biotechnology company which supplies radioisotopes. He also supplies medical services to MIA Group Pty Ltd. KE Read and HW Francis have no competing interests.

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(Received 15 Jul 2002, accepted 10 May 2004)